

THE FRONT DOOR

A GREAT NIGHT STARTS HERE!

LUNCH MENU

STARTERS & LIGHT BITES

- SOUP OF THE DAY** ^{AGF} ^V 4.95
Fresh homemade soup. With freshly made brown bread ^{1A} ³ ⁷ ¹¹
- SEAFOOD CHOWDER** ^{GF} 5.95
A cream based soup with a selection of fresh and smoked fish ² ⁴ ⁷ ⁹ ¹⁴.
With freshly made brown bread ^{1A} ³ ⁷ ¹¹
- LOADED FRIES** ^{GF} 6.95
Smoked bacon bits, melted cheddar and Sonny's Signature Sauce ^{1B} ³ ⁶ ⁷ ¹⁰ ¹²
- CHEESE NACHOS** ^{GF} ^V 7.95
Tortilla chips in a tangy coriander and tomato salsa, topped with melted cheddar and a side of sour cream and guacamole ⁷
- CRISPY CHICKEN WINGS** 7.95
With a choice of **Blazin' Buffalo Hot Sauce** ¹ ¹ ¹ ¹ ^{GF} ⁶ ⁷ ¹², **Oriental Soy & Chilli Glaze** ¹ ¹ ¹ ^{1A} ⁶ ¹¹ ¹², **Sweet Chilli & Lime Glaze** ¹ ¹ ^{GF} ⁴ ⁶ ¹² or **Jameson Black Barrel BBQ Glaze** ¹ ^{GF} ⁶ ⁹ ¹⁰
Served with celery sticks ⁹ and blue cheese dip ³ ⁷
- TEMPURA PRAWNS** ^{GF} 7.95
Golden fried tiger prawns, served with rocket salad, capers and avocado mayo ² ³ ⁶ ¹²

SANDWICHES

SERVED UNTIL 5PM

- TOASTED ROASTED HAM & CHEESE** ^{AGF} 6.95
Smoked applewood cheese, red onion, tomato and mayo on a thyme buttered thick cut sourdough ^{1A} ³ ⁶ ⁷
- GOATS' MED VEG BRUSCHETTA** ^V 7.95
A selection of Mediterranean vegetables, jalapeños and red pepper salsa served open on a toasted ciabatta and topped with Fivemiletown goats' cheese ^{1A} ⁶ ⁷ ¹⁰ ¹¹ ¹²
- SMOKED CHICKEN MELT** ^{AGF} 7.95
Served on a toasted focaccia with red onion, tomato, mozzarella and garlic mayo ^{1A} ³ ⁶ ⁷
- SHRIMP PO'BOY** 8.95
Lightly toasted ciabatta topped with pan-fried garlic and herb tiger prawns, Burren salad leaves, thinly sliced tomato, and our own red pepper relish ^{1A} ² ⁶ ⁷ ¹⁰ ¹¹ ¹²
All served with a side salad and our house slaw ^{GF} ³
- ADD A PORTION OF CHIPS/SOUP** ^{GF} ⁶ ⁷ ⁹ 2.00 or **CHOWDER** ^{GF} ² ⁴ ⁷ ⁹ ¹⁴ 3.00

LIST OF ALLERGENS:

Cereals containing Gluten: ^{1A} Wheat, ^{1B} Barley, ^{1C} Rye, ^{1D} Oats, ^{1E} Spelt, ² Crustaceans, ³ Eggs, ⁴ Fish, ⁵ Peanuts, ⁶ Soybeans, ⁷ Milk/Dairy, **Nuts (Tree Nuts):** ^{8A} Almond, ^{8B} Brazil Nut, ^{8C} Cashew, ^{8D} Pistachio, ^{8E} Pecan, ^{8F} Walnut, ^{8G} Hazelnut, ^{8H} Macadamia, ^{8I} Pine Nuts, ^{8K} Praline, ⁹ Celery, ¹⁰ Mustard, ¹¹ Sesame Seeds, ¹² Sulphur Dioxide and Sulphites, ¹³ Lupin, ¹⁴ Molluscs

^{GF} Gluten Free

^{AGF} Available Gluten Free

^V Vegetarian

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SALADS

	STARTER	MAIN
CAESAR SALAD <small>AGF</small>	6.95	10.95
Crisp cos lettuce, smoked bacon bits, croutons, parmesan and creamy Caesar dressing <small>(1A) (3) (4) (6) (7)</small>		
SUPER SALAD <small>AGF</small>	7.95	11.95
Feta cheese, a chia and red pepper hummus, quinoa, grated carrot, beetroot, tomato, mixed seeds and cashew nuts, tossed in a balsamic dressing <small>(7) (8C) (9) (10) (12)</small> , served with homemade brown bread <small>(1A) (3) (7) (11)</small>		
ADD GRILLED CHICKEN TO ANY SALAD		2.00

MAINS

CREAMY CAJUN CHICKEN LINGUINI		12.95
Sautéed Mediterranean veg, served in a creamy Cajun sauce with linguini and garlic bread <small>(1A) (3) (6) (7) (9) (12)</small>		
BEEF & GUINNESS STEW <small>AGF</small>		11.95
With roast root vegetables, slowly cooked in a rich Guinness gravy, with creamed potatoes <small>(6) (7) (9)</small>		
SONNY MOLLOY'S STEAK SANDWICH		12.95
Strips of prime beef, fried onions and mushrooms, on a garlic toasted ciabatta with chips, salad and pepper sauce <small>(1A) (6) (7) (9) (11) (12)</small>		
THE FRONT DOOR'S SHEPHERD'S PIE <small>GF</small>		12.95
Minced lamb and root vegetables in a meaty gravy, topped with mashed potatoes, and served with leafy greens or chips <small>(6) (7) (9)</small>		
TRADITIONAL FISH & CHIPS <small>GF</small>		13.95
Cod fillet in a crispy batter, served with mushy peas and homemade tartar sauce <small>(3) (4) (6) (12)</small>		
ROAST OF THE DAY <small>AGF</small>		13.95
Please ask your server		
CATCH OF THE DAY <small>AGF</small>		14.95
Please ask your server		

BURGERS

GRILLED HALLOUMI BURGER <small>V</small>		10.95
Topped with red onion jam, lettuce and tomato, on a brioche bun, with chips and Sonny's Signature Sauce <small>(1A) (1B) (3) (6) (7) (10) (12)</small>		
BBQ CHICKEN FILLET BURGER		12.95
Chicken fillet topped with Jameson Black Barrel BBQ glaze, gouda cheese and red cabbage slaw, on a brioche bun, served with chips and Sonny's Signature Sauce <small>(1A) (1B) (3) (6) (7) (9) (10) (12)</small>		
M'GEOUGH'S OF CONNEMARA PRIME 80Z STEAK BURGER		12.95
Topped with gouda cheese, smoked bacon, lettuce, tomato and red onion, on a brioche bun, with chips and Sonny's Signature Sauce <small>(1A) (1B) (3) (6) (7) (10) (12)</small>		

All our suppliers are 100% Bord Bia approved. All our beef is 100% Irish.